

CONFRONTING THE DARK:  
VOLUME 1:  
‘THE ART OF DYING’ (A NOVEL)  
AND  
VOLUME 2:  
REPRESENTATIONS OF DEATH IN AUSTRALIAN FICTION  
(AN EXEGESIS)

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Thesis submitted for the degree of  
Doctor of Philosophy in Creative Writing  
Discipline of English  
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University of Adelaide  
July 2017



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## ABSTRACT

“Confronting the Dark” is a creative writing thesis comprised of two interrelated parts: Volume 1: *The Art of Dying*, a novel; and Volume 2: “Representations of death in Australian fiction,” an exegesis.

In the novel, Gerard, the main character, is dying. As a consequence of his imminent death, he begins to focus on both the trauma of his early years and the great love he feels privileged to have experienced.

The exegesis describes how the practice of writing about death led to a critical inquiry into various philosophies of death that have been of interest to writers, as well as the transformation of the Western approach to death over the past few centuries, brought about by modernity. It presents a case study of two Australian novels, Helen Garner’s *The Spare Room* (2008), and Patrick White’s *The Vivisector* (1970). I discuss the writing of my own novel in light of the reflexive agency required for creative writing research and in terms of creative writing habitat, the creative domain, activities of writing, and the artefact. I conclude that writing about death occurs for primarily existential reasons. Writers are asking questions about how human beings feel about their impending death, how they cope with life goals and the possibility of unfinished business, and how the death of the other affects the lives of those who remain.

## **DECLARATION**

I certify that this work contains no material which has been accepted for the award of any other degree or diploma in any university or other tertiary institution and, to the best of my knowledge and belief, contains no material previously published or written by another person, except where due reference has been made in the text. In addition, I certify that no part of this work will, in the future, be used in a submission for any other degree or diploma in any university or other tertiary institution without the prior approval of the University of Adelaide.

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July 2017

## **ACKNOWLEDGEMENTS**

I am grateful to Professor Brian Castro, Professor Jennifer Rutherford, and Associate Professor Mandy Treagus, my thesis supervisors, whose suggestions improved this thesis, as well as the Commonwealth of Australia for their support through the Australian Postgraduate Award. In addition, I acknowledge the encouragement I received from Dr Phil Butterss, and the professional assistance of Kerrie Le Lievre for proofreading services.

During my candidature, I benefited from my attendance at *Creative Ecologies 2015*, a creative arts postgraduate scholarship convened by Dr Rachel Morley, Writing and Society Research Centre, Western Sydney University. I would like to thank Professor Donna Lee Brien for inviting me to give a paper at the Inaugural Australasian Death Studies Conference at CQU in 2015, *Death, Dying and the Undead: Contemporary Approaches and Practice*. I am grateful to have my conference paper published in *TEXT Special Issue 35: Writing Death and the Gothic* (2016).

Thanks to Michael Herlihy, reference librarian at the National Library of Australia, and to my first readers: Caddie Rees, Jodie Old, Sharon McDonald, Jennifer Beer, Sue-Anne Muggleton, Mick Klima, and Tina Morganella.

This work was only possible because of my relationship with my father, Vincent John Rees, who died on 5 July 2009.